



**2017-2018 PROGRAM REQUIREMENTS**  
**Degree: Bachelor of Social Work**  
**Major: Social Work**

**About This Major . . .**

Social Work is a profession dedicated to social and economic justice. Social workers focus primarily on the needs and empowerment of vulnerable, oppressed, at-risk populations, and those living in poverty. Social workers help people overcome some of life's most difficult challenges: poverty, discrimination, abuse, addiction, physical illness, divorce, educational problems, disability, and mental illness.

The practice of social work requires knowledge of human development and behavior; of social, economic, and cultural institutions, and of the interaction of all these factors as well as skills in developing relationships, assessing needs and services while facilitating change. Social workers seek to strengthen relationships among people to promote, restore, maintain, and enhance the well-being of individuals, families, social groups, organizations, and communities. (<http://www.socialworkers.org/>)

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates will be able to:

1. Demonstrate proficiency in utilizing the social work professions 9 core competencies and 31 practice behaviors through a senior-year practicum in a social service agency in our community (Specialized Knowledge).
2. Demonstrate the ability to use practice experience to inform scientific inquiry and use research evidence to inform practice (Quantitative Fluency).
3. Demonstrate effective oral and written communication in working with individuals, families, groups, organizations, communities and colleagues through professional documentation and oral presentations (Communication Fluency).
4. Demonstrate critical thinking to inform and communicate professional judgments through distinguishing, appraising, and integrating multiple sources of knowledge; and through analyzing models of assessment, prevention, intervention, and evaluation (Critical Thinking).

**Advising Process and DegreeWorks**

This document is intended for informational purposes to help determine what courses and associated requirements are needed to earn a degree. The suggested course sequencing outlines how students could finish degree requirements. Some courses are critical to complete in specific semesters, while others may be moved around. Meeting with an academic advisor is essential in planning courses and altering the suggested course sequencing. It is ultimately the student's responsibility to understand and fulfill the requirements for her/his intended degree(s).

DegreeWorks is an online degree audit tool available in MAVzone. It is the official record used by the Registrar's Office to evaluate progress towards a degree and determine eligibility for graduation. Students are responsible for reviewing their DegreeWorks audit on a regular basis and should discuss questions or concerns with their advisor or academic department head. Discrepancies in requirements should be reported to the Registrar's Office.

**Graduation Process**

Students must complete the following in the first two months of the semester prior to completing their degree requirements:

- Review their DegreeWorks audit and create a plan that outlines how unmet requirements will be met in the final semester.
- Meet with their advisor and modify their plan as needed. The advisor must approve the final plan.
- Submit the "Intent to Graduate" form to the Registrar's Office to officially declare the intended graduation date and commencement ceremony plans.
- Register for all needed courses and complete all requirements for each degree sought.

Submission deadlines and commencement details can be found at <http://www.coloradomesa.edu/registrar/graduation.html>.

If a student's petition for graduation is denied, it will be her/his responsibility to consult the Registrar's Office regarding next steps.

### **INSTITUTIONAL DEGREE REQUIREMENTS**

The following institutional degree requirements apply to all CMU baccalaureate degrees. Specific programs may have different requirements that must be met in addition to institutional requirements.

- 120 semester hours minimum.
- Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher.
- 40 upper-division credits (an alternative credit limit applies to the Bachelor of Applied Science degree).
- 2.00 cumulative GPA or higher in all CMU coursework.
- A course may only be used to fulfill one requirement for each degree/certificate.
- No more than six semester hours of independent study courses can be used toward the degree.
- Non-traditional credit, such as advanced placement, credit by examination, credit for prior learning, cooperative education and internships, cannot exceed 30 semester credit hours for a baccalaureate degree; A maximum of 15 of the 30 credits may be for cooperative education, internships, and practica.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Capstone exit assessment/projects (e.g., Major Field Achievement Test) requirements are identified under Program-Specific Degree Requirements.
- The Catalog Year determines which program sheet and degree requirements a student must fulfill in order to graduate. Visit with your advisor or academic department to determine which catalog year and program requirements you should follow.
- See "Requirements for Undergraduate Degrees and Certificates" in the catalog for a complete list of graduation requirements.

### **PROGRAM-SPECIFIC DEGREE REQUIREMENTS**

- 2.50 cumulative GPA or higher in coursework toward the major content area. To graduate with a major in social work, a student must earn, with no more than two attempts, at least a grade of "C" in all social work major requirements.
- Students majoring in social work must apply to get into the social work program PRIOR to taking any of the social work core courses. Application requirements include: completion of all Essential Learning requirements, completion of the two foundation courses (maintaining a 2.0 GPA), completion of the two social work introductory courses, completion of 60+ credits (junior standing), and a formal application, essay and faculty evaluation. If accepted into the social work program, students will take the social work core courses in sequence as part of a cohort system their junior and senior years.

**ESSENTIAL LEARNING REQUIREMENTS** (31 semester hours)

See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

**English** (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)

- ENGL 111 - English Composition (3)
- ENGL 112 - English Composition (3)

**Mathematics** (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

- MATH 110 - College Mathematics (3) or higher

**Humanities** (3 semester hours)

- Select one Humanities course (3)

**Social and Behavioral Sciences** (6 semester hours)

- Select one Social and Behavioral Sciences course (3)
- Select one Social and Behavioral Sciences course (3)

**Natural Sciences** (7 semester hours, one course must include a lab)

- Select one Natural Sciences course (3)
- Select one Natural Sciences course with a lab (4)

**History** (3 semester hours)

- Select one History course (3)

**Fine Arts** (3 semester hours)

- Select one Fine Arts course (3)

**OTHER LOWER-DIVISION REQUIREMENTS**

**Wellness Requirement** (2 semester hours)

- KINE 100 - Health and Wellness (1)
- Select one Activity course (1)

**Essential Learning Capstone** (4 semester hours)

Essential Learning Capstone must be taken after completion of the Essential Learning English and Mathematics requirements, and when a student has earned between 45 and 75 hours.

- ESSL 290 - Maverick Milestone (3)
- ESSL 200 - Essential Speech (1)

**FOUNDATION COURSES** (12 semester hours)

- PSYC 150 - General Psychology (3)
- PSYC 233 - Human Growth and Development (3)
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Two consecutive classes in the same foreign language. FLAS 114 & 115 will NOT fulfill this requirement.

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**BSW, SOCIAL WORK REQUIREMENTS** (48 semester hours)

**Social Work Introductory Classes** (6 semester hours)

- SOWK 150 - Introduction to Social Work (3)
- SOWK 210 - Social Work for Diverse Populations (3)

**Social Work Core Courses: Junior Year** (15 semester hours)

- SOWK 311 - Ethical Issues in Social Work (3)
- SOWK 320 - Social Work Practices in Mental Health (3)
- SOWK 365 - Social Work Intervention Methods I (3)
- SOWK 375 - Social Work Intervention Methods II (3)
- SOWK 387 - Social Work Research Methods (3)

**Social Work Core Courses: Senior Year** (18 semester hours)

- SOWK 385 - Social Work Intervention Methods III (3)
- SOWK 394 - Social Work Practicum Seminar I (1)
- SOWK 397 - Social Work Practicum I (5)
- SOWK 460 - Social Work Welfare Policy (3)
- SOWK 494 - Social Work Practicum Seminar II (1)
- SOWK 497 - Social Work Practicum II (5)

**Social Work Electives** (9 semester hours)

Select three of the following courses:

- SOWK 301 - Child Welfare (3)
- SOWK 308 - Medical Social Work (3)
- SOWK 344 - School Social Work (3)
- SOWK 350 - Legal Aspects of Social Work (3)
- SOWK 377 - Spirituality and Social Work (3)
- SOWK 381 - Gerontology and Social Work (3)
- SOWK 396 - Topics (3)
- SOWK 491 - Directed Readings (3)

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**GENERAL ELECTIVES** (All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours. 23 semester hours)

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## SUGGESTED COURSE SEQUENCING

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### Freshman Year, Fall Semester: 16 credits

- ENGL 111 - English Composition (3)
- Essential Learning - Natural Science (3)
- Essential Learning - Humanities (3)
- SOWK 150 - Introduction to Social Work (3)
- KINE 100 - Health and Wellness (1)
- Elective (3)

### Freshman Year, Spring Semester: 16 credits

- ENGL 112 - English Composition (3)
  - MATH 110 - College Mathematics (3) or higher
  - Essential Learning - History (3)
  - SOWK 210 - Social Work for Diverse Populations (3)
  - PSYC 150 - General Psychology (3)
  - KINA Activity (1)
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### Sophomore Year, Fall Semester: 17 credits

- Essential Learning - Fine Arts (3)
- Foundation Course - Foreign Language (3)
- Essential Learning - Social and Behavioral Sciences (3)
- PSYC 233 - Human Growth and Development (3)
- Electives (2 courses) (5)

### Sophomore Year, Spring Semester: 17 credits

- Essential Learning - Natural Science with Lab (4)
  - Essential Learning - Social and Behavioral Sciences (3)
  - Foundation Course - Foreign Language (3)
  - Social Work Elective (3)
  - ESSL 290 - Maverick Milestone (3)
  - ESSL 200 - Essential Speech (1)
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### Junior Year, Fall Semester: 15 credits

- SOWK 311 - Ethical Issues in Social Work (3)
- SOWK 365 - Social Work Intervention Methods I (3)
- Elective (3)
- Social Work Electives (2 courses) (6)

### Junior Year, Spring Semester: 15 credits

- SOWK 320 - Social Work Practices in Mental Health (3)
  - SOWK 375 - Social Work Intervention Methods II (3)
  - SOWK 387 - Social Work Research Methods (3)
  - Electives (2 courses) (6)
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### Senior Year, Fall Semester: 12 credits

- SOWK 385 - Social Work Intervention Methods III (3)
- SOWK 394 - Social Work Practicum Seminar I (1)
- SOWK 397 - Social Work Practicum I (5)
- Elective (3)

### Senior Year, Spring Semester: 12 credits

- SOWK 460 - Social Work Welfare Policy (3)
  - SOWK 494 - Social Work Practicum Seminar II (1)
  - SOWK 497 - Social Work Practicum II (5)
  - Elective (3)
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