



**2016-2017 PETITION/PROGRAM SHEET**  
**Degree: Bachelor of Arts**  
**Major: Psychology**  
**Concentration: Counseling Psychology**

**About This Major . . .**

Students may pursue the Psychology B.A. degree or the Psychology B.A. degree with a concentration in Counseling Psychology. All majors are required to complete some laboratory coursework in which they conduct research in psychological science. Practica are required for counseling students and are available at nearby human service agencies and treatment centers. The psychology programs provide students with a working knowledge of the methods and findings of modern psychology. Students majoring in psychology are prepared to work in a wide variety of settings, including human services (counseling and social work), public affairs, business, sales, criminal justice, and (following graduate study) psychotherapy, teaching and research. The psychology program at provides a strong foundation for graduate study in psychology and related disciplines.

Many of CMU’s psychology majors have successfully continued their education in graduate programs in psychology. A few have continued on to medical school or law school. The psychology program sponsors a Psychology Club and a local chapter of the national honor society in psychology, Psi Chi. Through active membership in these organizations, students are encouraged to become involved in community service and to attend and present their research at regional and national conferences.

For more information on what you can do with this major, go to <http://www.coloradomesa.edu/career/whatmajor.html>

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Critically analyze the historical trends in psychology (Specialized Knowledge)
2. Compare basic research methodology in psychology, including research design, data analysis and interpretation (Applied Learning)
3. Communicate clearly in written and oral presentations in standard American Psychological Association format (Broad Integrative Knowledge /Applied Learning)
4. Apply statistical concepts to decision making and problem solving in areas of psychological application (Quantitative Fluency)
5. Think critically to solve problems in psychological areas of analysis using academic sources of information. (Critical)

**NAME:** \_\_\_\_\_ **STUDENT ID #:** \_\_\_\_\_

**LOCAL ADDRESS AND PHONE NUMBER:** \_\_\_\_\_

\_\_\_\_\_ ( ) \_\_\_\_\_

I, (Signature) \_\_\_\_\_, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

\_\_\_\_\_  
Signature of Advisor \_\_\_\_\_ 20\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Department Head \_\_\_\_\_ 20\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Registrar \_\_\_\_\_ 20\_\_\_\_\_  
Date

**DEGREE REQUIREMENTS:**

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework
- 2.00 cumulative GPA or higher in coursework toward the major content area
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student’s responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student’s faculty advisor and Department Head.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See “Requirements for Undergraduate Degrees and Certificates” in the for additional graduation information.

**ESSENTIAL LEARNING REQUIREMENTS** (31 semester hours):  
See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Course No	Title	Sem.hrs	Grade	Term/Trns
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**English** (6 semester hours, must receive a grade of “C” or better and must be completed by the time the student has 60 semester hours.)  
ENGL 111 English Composition 3 \_\_\_\_\_  
ENGL 112 English Composition 3 \_\_\_\_\_

**Math** MATH 110 or higher (3 semester hours, must receive a grade of “C” or better, must be completed by the time the student has 60 semester hours.)  
MATH 1 \_\_\_\_\_

**Humanities** (3 semester hours)  
\_\_\_\_\_

**Social and Behavioral Sciences** (6 semester hours)  
\_\_\_\_\_  
\_\_\_\_\_

**Fine Arts** (3 semester hours)  
\_\_\_\_\_

**Natural Sciences** (7 semester hours, one course must include a lab)  
\_\_\_\_\_  
\_\_\_\_\_L\_\_\_\_\_

**History** (3 semester hours)  
HIST \_\_\_\_\_

Course No	Title	Sem.hrs	Grade	Term/Trns
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**WELLNESS REQUIREMENT** (2 semester hours)  
KINE 100 Health and Wellness 1 \_\_\_\_\_  
KINA 1 \_\_\_\_\_ 1 \_\_\_\_\_

**ESSENTIAL LEARNING CAPSTONE** (4 semester hours)  
ESSL 290 Maverick Milestone (see English & math pre-reqs) 3 \_\_\_\_\_  
ESSL 200 Essential Speech (co-requisite) 1 \_\_\_\_\_

**PSYCHOLOGY – COUNSELING MAJOR REQUIREMENTS** (57 semester hours) Must pass all courses with a grade of “C” or higher. To continue in the program and eventually graduate as counseling psychology majors a student must earn, within no more than three attempts, at least a grade of “C” in the major requirements.

**FOUNDATION COURSES** (6 semester hours) Two **consecutive** classes in the **same** foreign language.  
FL \_\_\_\_\_  
FL \_\_\_\_\_

**Psychology Core** (20 semester hours)  
PSYC 150 General Psychology 3 \_\_\_\_\_  
PSYC 201 Orientation to the Psychology Major 3 \_\_\_\_\_  
STAT 215 Statistics for the Social & Behavioral Sciences 4 \_\_\_\_\_  
PSYC 216 Research Methods in Psychology 3 \_\_\_\_\_  
PSYC 216L Research Methods in Psychology Lab 1 \_\_\_\_\_  
PSYC 416 Memory & Cognition 3 \_\_\_\_\_  
PSYC 414 History of Psychology 3 \_\_\_\_\_

**Counseling Concentration** (31 semester hours)  
PSYC 320 Social Psychology 3 \_\_\_\_\_  
PSYC 340 Abnormal Psychology 3 \_\_\_\_\_  
PSYC 400 Psychological Testing 3 \_\_\_\_\_  
PSYC 420 Personality 3 \_\_\_\_\_  
PSYP 320 Career Development 3 \_\_\_\_\_  
PSYP 420 Counseling Processes & Tech. 3 \_\_\_\_\_  
PSYP 422 Psychological Interviewing 3 \_\_\_\_\_  
PSYP 424 Group Processes 3 \_\_\_\_\_  
PSYP 497 Practicum 4 \_\_\_\_\_  
Choose one:  
PSYC 370 Cross-Cultural Psychology  
OR  
PSYP 322 Multicultural Service Learning 3 \_\_\_\_\_

**ADDITIONAL ELECTIVES:** All college-level academic courses appearing on your final transcript that you have not used in any other category to bring your total semester hours to 120 hours. Recommended: At least one course from each of the following three areas plus optional Practicum II (26 semester hours)

PSYP 499 Practicum II 4 \_\_\_\_\_  
**Developmental Area**  
PSYC 310 Child Psychology 3 \_\_\_\_\_  
PSYC 330 Psychology of Adolescence & Emerging Adulthood 3 \_\_\_\_\_  
PSYC 350 Psychology of Adulthood 3 \_\_\_\_\_  
**Neuropsychological Area**  
PSYC 410 Drugs and Human Behavior 3 \_\_\_\_\_  
PSYC 422 Sensation and Perception 3 \_\_\_\_\_  
PSYC 430 Biopsychology 3 \_\_\_\_\_

Course No	Title	Sem.hrs	Grade	Term/Trns
<b>Topical Area</b>				
PSYC 300	Health Psychology	3	_____	_____
PSYC 314	Psychology of Learning	3	_____	_____
PSYC 325	Environmental Psychology	3	_____	_____
PSYC 335	Psychology of Women	3	_____	_____
PSYC 380	Comparative Psychology	3	_____	_____
PSYC 396/496	Topics (1-3)	3	_____	_____
PSYC 401	Sport Psychology	3	_____	_____
PSYC 411	Human Sexuality	3	_____	_____
PSYC 412	Industrial & Organizational Psychology	3	_____	_____
PSYC 425	Forensic Psychology	3	_____	_____
PSYC 435	Applied Social Psychology	3	_____	_____
PSYP 305	Suicide Intervention	1	_____	_____
PSYP 306	Applied Ethics	1	_____	_____
PSYP 410	Intro to Marriage & Family Therapy	3	_____	_____
SOCI 390	GRE Preparation	1	_____	_____
SOCI 410	Death, Dying & Bereavement	3	_____	_____
SOCI 497	Structured Research (1-6)	3	_____	_____

Course No	Title	Sem.hrs	Grade	Term/Trns
<u>Electives</u> (All college level courses appearing on your final transcript, <b>not listed above</b> that will bring your total semester hours to 120 hours.)				
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**SUGGESTED COURSE SEQUENCING FOR A MAJOR IN  
PSYCHOLOGY – COUNSELING PSYCHOLOGY**

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the website for course availability.

**FRESHMAN YEAR**

<b>Fall Semester</b>		<b>Hours</b>	<b>Spring Semester</b>		<b>Hours</b>
ENGL 111	English Composition	3	ENGL 112	English Composition	3
Essential Learning	Humanities	3	Essential Learning	History	3
PSYC 150	General Psychology	3	Essential Learning	Mathematics	3
Essential Learning	Natural Science	3	Essential Learning	Fine Arts	3
KINE 100	Health and Wellness	<u>1</u>	KINA 1XX	Activity Course	<u>1</u>
		13			13

**SOPHOMORE YEAR**

<b>Fall Semester</b>		<b>Hours</b>	<b>Spring Semester</b>		<b>Hours</b>
PSYC 201	Orientation to the Psychology Major	3	Essential Learning	Natural Science with Lab	4
Foreign Language		3	Foreign Language		3
Essential Learning	Social/Behavioral Science	3	ESSL 200	Essential Speech	1
Essential Learning	Social/Behavioral Science	3	ESSL 290	Maverick Milestone	3
(Recommend ANTH 202)		3	Elective		3
STAT 215	Statistics for the Social & Behavioral Sciences	<u>4</u>	PSYC 216	Research Methods in Psychology	3
		16	PSYC 216L	Research Methods in Psychology Lab	<u>1</u>
					18

**JUNIOR YEAR**

<b>Fall Semester</b>		<b>Hours</b>	<b>Spring Semester</b>		<b>Hours</b>
PSYP 320	Career Development	3	PSYP 420	Counseling Processes	3
PSYC 320	Social Psychology	3	PSYC 416	Memory & Cognition	3
PSYC or PSYP	Elective	3	PSYC 414	History of Psychology	3
PSYC 370	Cross-Cultural Psychology <b>OR</b>		PSYC or PSYP	Elective	3
PSYP 322	Multicultural Service Learning	3	Elective		<u>3</u>
PSYC 340	Abnormal Psychology	<u>3</u>			15
		15			

**SENIOR YEAR**

<b>Fall Semester</b>		<b>Hours</b>	<b>Spring Semester</b>		<b>Hours</b>
PSYP 424	Group Processes	3	PSYC 420	Personality	3
PSYC 400	Psychological Testing	3	PSYP 422	Psychological Interviewing	3
Elective		3	PSYP 497	Practicum	4
PSYC or PSYP	Elective	3	Elective		2
Elective		<u>3</u>	PSYC or PSYP	Elective	<u>3</u>
		15			15

**POLICIES:**

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.** You must turn in your "Intent to Graduate" form to the Registrar's Office **by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.**
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test).